



CURRY CAC MAY MEETING MINUTES

Introductions and Ice Breaker

Ice Breaker: What is your favorite snack?

In attendance: Mellissah Hendrickson, Sam Baugh, Veronica Delmoral, Stephanie Polizzi, Kera Hood, Doris Kiragu, Trudy Simpson, Pamela Huntley, Stefanie Vaughn, Bevin Ankrom, Corrine Potts, Isabel Valdez, Jill TeVelde, Tricia Iverson, Becky Yeager, Amanda McCarthy, Sara Swanson

Approve the meeting minutes from Feb, March, and April – Quorum not in attendance. E-vote will be sent out with minutes for us to get them approved and get caught up on our back log.

Approve the Agenda - Quorum not in attendance. E-votes will be sent out within minutes for us to get them approved and get caught up on our back log.

Opportunities for Education about nutrition – Stephanie Polizzi

[Email: stephanie.polizzi@oregonstate.edu](mailto:stephanie.polizzi@oregonstate.edu)

Healthy bytes – A new food is featured every month and stored on the website. Each folder has fliers, posters, and power point presentations for you to use. Many of the handouts are also available in Spanish.

Nutrition assessment tool - will give you an idea if you are reaching your goal. It will give you a score and then you use the key to see where you can improve. Also converted into Spanish.

Nutrition resource guide – Resources that are local. Cookbooks and training are also in this section.

We Can – Cancer study

Classes are also housed here. You can watch videos and print handouts.

Another place to find resources is the Food and Nutrition group. Go to the Coos Head Food Co Op and click on food and nutrition group. Here you can find the pea podcast. This was created mostly by students. The cooking tips have nutrition information specifically for youth.

These are all available for free.

Newsletter for the food and nutrition group comes out monthly. It will be attached to the minutes. On the last page there is a calendar of events. This includes local classes available including the webinars. It is the 4th Thursday in each month. Posters for these events can be found on the OSU ext. office website.

Food and Nutrition Facebook page:

<https://www.facebook.com/profile.php?id=61551983405323>

Email: stephanie.polizzi@oregonstate.edu

OSU site: <https://extension.oregonstate.edu/coos/healthy-families-communities>

Coos Head site: <https://coosheadfood.coop/join-us>

Event calendar Coos: <https://extension.oregonstate.edu/county/coos/events>

Event Calendar Curry: <https://extension.oregonstate.edu/county/curry/events>

OHA Update – Attached to minutes.

Votes for Chair and Vice Chair - Charter review

Community updates or events

Sara Swanson: They attended a family fun day and saw over 110 community partners and enjoyed the event. Free continuing education on oral health and cancer prevention.

Please pass along this information and this [brief intake survey](#) to those survivors and patients you think may want to be interviewed as well, or you can share our contact information directly with them. The interview will be about an hour long and they will be compensated as well. They can also use the QR code in the attached flyer. If you're willing, I also have a flyer I can send with a QR code to register for an interview.

Please feel free to reach out to Sara if you had any questions: swansosa@ohsu.edu

SWOCC: We are winding down our spring classes and bringing back conviction. We recognize our students for academics and persistence. It is not a graduation but a recognition of our

students. It is June 6th at 5:30PM at the Brookings SWOCC. The 1st cohort of the heavy equipment program will also be graduation and will attend this event.

South Coast Early Learning (SCREL) is thrilled to introduce a new screening and eligibility tool for families living in Coos, Curry, and Coastal Douglas Counties. Available on our website now! www.screlhub.org

Using this tool, families answer a few questions, and the screener generates a list of programs that match their location, child's age, and situation. Families can then explore the available options and apply for the ones they want, assured that they meet the eligibility criteria.

This project has been in the works for years with collaboration between partners in home visiting, early education, parenting education, behavioral health, and more. The objective is to ensure that individuals can easily navigate the system without needing to be experts on programs and their qualifying criteria.

SCREL aims to promote this tool extensively so that not only individuals can use it to discover programs, but also so that providers and community partners can become more acquainted with the programs and share information with families.