

2024 CCO Community Health Improvement Plan Progress Report Guidance

This guidance helps Coordinated Care Organizations (CCOs) address contractual requirements for the Community Health Improvement Plan (CHP) Progress Report. The CHP Progress Report requirement is described in **Exhibit K, Section 7, Paragraph I** of the [2024 CCO Contract](#) and in **Oregon Administrative Rule 410-141-3730(10)**.

- A. CCO Community Advisory Councils (CACs) are required to annually publish a CHP Progress Report. CCOs should work with their CACs to complete the CHP Progress Report questionnaire on pages 2-3 of this document, which will serve as the annual CHP Progress Report. The questionnaire is due to OHA on or before December 31, 2024. The questionnaire must be submitted via the [CCO Portal](#). (The submitter must have an OHA account to access the portal.) All CCOs must submit a CHP Progress Report in 2024. The reporting period for this progress report is July 1, 2023 to June 30, 2024 for CCOs who are not closing out a CHP. For those CCOs closing out their CHP, the reporting cycle is the entire length of the CHP. If your CCO has multiple CHPs, it must complete a separate questionnaire for each CHP. If your CCO has multiple Service Area contracts, it must submit a separate questionnaire for each contract.
- B. Evaluation criteria: The annual CHP Progress Report should document progress made towards the goals, strategies and measures for priority areas as identified in the CHP and include the following:
 - (a) Changes in community health priorities, resources, or community assets
 - (b) Strategies used to address the health priorities identified in the CHP
 - (c) Parties outside and within the community who have been involved creating and implementing strategies used to address CHP health priorities
 - (d) Progress and efforts made (including services provided and activities undertaken) to date toward reaching the metrics or indicators for health priority areas identified in the CHP
 - (e) Identification of the data used, and the sources and methodology for obtaining such data, to evaluate and validate the progress made towards metrics or indicators identified in the CHP
 - (f) Progress of the integration strategies and implementation of the plan for working with programs developed by the Early Learning Council, Early Learning Hubs, the Youth Development Council, and school health providers in the region

CHP Progress Report Questionnaire

1. Please list any changes since July 1, 2023 to community health priorities, goals, strategies, resources, or assets. If your CCO is closing out its CHP, please list the most significant changes during the period of the CHP. Please state whether any of the priorities, goals or strategies will be carried over into the next CHP cycle.

Advanced Health is closing out our CHP at the end of year 2024. There are many items in our community that are still being worked on and are needed in our community. Groups such as the Food and Nutrition group and South Coast Together have asked to continue with their projects after the CHP has been closed out.

New activities not on the original CHP.

Food and Nutrition

The food and nutrition group, although started as a CHP priority group has been adopted by OSU Extension services as a community education benefit of choosing healthy eating options.

ACEs training

The South Coast Together (SCT) group, also started by advanced Health has since been transferred to the South Coast Education Service District (SCESD) and is being run as a educational program focused on helping address Adverse Childhood Experiences (ACE) and training community partners and the public on the impact of ACEs in youth and adults.

Prevention

Coos Health and Wellness (CHW) Prevention team. In the last year the CHP Prevention priority has partnered with the Coos Health and Wellness Prevention team. This team is focused on 2 main priorities. 1. Reducing student vaping 2. A Rethink the Drink campaign focused on a reducing binge drinking campaign. This Group will continue to work on this initiative after the conclusion of the CHP

2. Please list the strategies used since July 1, 2023 to address CHP health priority areas. Please note which of these strategies involve working with programs developed by the Early Learning Council, Early Learning Hubs, the Youth Development Council, and school health providers in the region. If your CCO is closing out its CHP, please list the most successful strategies used during the period of the CHP.

- Priority area 1: Individuals and Families – Adversity, Trauma, and Toxic Stress.
 - This priority has focused on several items
 - Teaching ACEs training to every school employee in all school districts in Coos and Curry Counties
 - Revising the Help that Helps Handbook: A Parenting Guide
- Priority Area 2: individuals and Families – Prevention
 - Intervention information to address youth vaping in schools.
 - Rethink the Drink campaign to address youth alcohol use.
- Priority area 3 Housing and Homelessness
 - The CAC and CCO granted \$5,000 to each school in the service area to help with at risk students facing poverty and housing insecurity
- Priority area 4: Food and Nutrition

- The Food and Nutrition Group (FNG) helped sponsor ‘Cooking with the Co-Op’ a monthly healthy eating YouTube show. This show helps individuals learn how easy it is to cook meals with healthy ingredients.
- The FNG also received a grant to translate three years’ worth of Healthy Bytes information into Spanish to place in clinics and other common spaces.
- Priority area 5: Transportation
 - There were no new initiatives in Transportation
- Priority area 6: Economic Stability
 - There were no new initiatives in Economic stability
- Priority area 7: Access and Integration of Services
 - There were no new initiatives in Access and integration of services
- Priority area 8: Behavioral Health and Addictions
 - The Behavioral Health team helped sponsor the creation of the Coos Curry Hub. A behavioral health website to help individuals find a mental health professional to match their needs.
- Priority area 9: Coordination, Collaboration, and Communication
 - In June of 2023 the coordination, collaboration, and communication team started a monthly public access show highlighting community partner organizations and services. This show was designed to educate the community on local organizations and their services.

3. Please indicate which of the following partners were involved in creating and implementing strategies to address CHP priorities since July 1, 2023 (select all that apply). If your CCO is closing out its CHP, please indicate which of the following partners were involved at any point during the period of the CHP.

- | | |
|--|---|
| <input checked="" type="checkbox"/> CCO tribal liaison | <input checked="" type="checkbox"/> Representatives from populations who are experiencing health and health care disparities |
| <input checked="" type="checkbox"/> Federally Recognized Tribes of Oregon | <input checked="" type="checkbox"/> School nurses, school mental health providers and other individuals representing child and adolescent health services such as those listed in ORS 414.578 |
| <input checked="" type="checkbox"/> Indian Health Care Providers | <input checked="" type="checkbox"/> Social determinants of health & equity partners |
| <input checked="" type="checkbox"/> Culturally specific organizations | <input checked="" type="checkbox"/> Local government |
| <input checked="" type="checkbox"/> Early Learning Hub | <input checked="" type="checkbox"/> Traditional health workers |
| <input type="checkbox"/> Early Learning Council | |
| <input checked="" type="checkbox"/> Youth Development Council | |
| <input checked="" type="checkbox"/> Federally Qualified Health Centers | |
| <input checked="" type="checkbox"/> Hospitals | |
| <input checked="" type="checkbox"/> Local public health authority | |
| <input checked="" type="checkbox"/> Local mental health authorities and community mental health programs | |
| <input checked="" type="checkbox"/> Physical, behavioral, and oral health care providers | |

4. If applicable, identify any gaps in making connections to the key players listed above

Coos County is an isolated rural community. Many of the organizations have started to work together but there still seems to be a gap in collaboration in many situations. Advanced Health and the CHP are working toward greater communication and collaboration within the community.

The biggest hindrance to collaboration with hospitals is the CHNA cycle Versus the CHA cycle. The CHNA is

on a three-year cycle and the CCO CHA is on a five-year cycle. The off-set submission years creates difficulty for hospitals to financially support programs they did not collaborate to develop. There have been initial discussions on combining efforts for 2028, when the cycles overlap again.

In addition, despite efforts from community engagement and our tribal liaison we continue to struggle forming solid connections with the three tribes that cover Coos County. One tribe has asked us not to contact them, one tribe has rotated the contact person multiple times, and the third tribe sends a representative to CAC meetings quarterly.

5. For CHP priorities related to children or adolescents (prenatal to age 24), describe how the CHP activities improve the coordination of effective and efficient delivery of health care to children and adolescents in the community.

Priorities focused on the youth of Coos County include the support and mitigation of trauma in youth and increase resilience. Through collaboration with the South Coast Education Services District the Adverse Childhood Experiences (ACEs) program has been taught at each school district in Coos County. Through collaboration with Marshfield High School (Coos Bay) and North Bend High School Gender affirmation closets have been created and are used by youth.

Advanced Health supports the Waterfall Community Health Center, an FQHC clinic focused on children's health needs. We sponsored a Mobile medical RV used to go to schools to provide vaccinations to all youth in the county. The Waterfall clinic also operates school-based health centers in the North Bend and Coos Bay school districts: the North Bay Clinic located in the North Bay Elementary School, and the Coos Bay clinic in Marshfield High school.

Advanced Health and Waterfall Clinic have collaborated to establish The Starfish Center, a youth therapy center which serves as the only autism treatment program of its kind in Southern Oregon.

Advanced Health collaborated with the local school districts and the Extended School District to provide money for at risk youth in each school. This was used to purchase coats, shoes, blankets, and other items for youth in need. These items aided in the prevention of cold-related illnesses during the winter. In addition, we support the ARK project, part of the Coos Bay School district, the ARK project focuses on getting items to teens in need, including a gender affirmation closet.

Every Child Coos:

Advanced Health is working to increase the number of Resource (Foster) Parents in Coos County, increase placement stability rates for children/youth in care, help improve the retention rates of current Resource (Foster) Parents and decrease social isolation by supporting the work of Every Child Coos.

Every Child Coos is a community-based program to support the foster system locally by helping to uplift vulnerable children and families affected by foster care. Every Child Coos hosts respite programs such as a weekly tutoring/enrichment program for students in care and a monthly Foster Parents' Night Out event.

The local My NeighbOR tangible needs program is also managed by Every Child Coos to support any family with an open Oregon Department of Human Services (OHDS) case, as well as Kinship families- raising children outside of the ODHS system, to help ensure that their basic tangible needs are met and that children/youth in care have equitable access to participate in sporting and extracurricular activities (having

fees covered, gear purchased etc). By hosting Explore Fostering Coffee House events, and other connection events for existing Resource (Foster) families, Advanced Health is partnering with Every Child Coos to help ensure that there is a safe, loving and strategic placement for every child that comes into care in Coos County.

ACEs training

All Advanced Health staff have attended ACEs training. Advanced Health has several certified ACEs trainers on staff that help with presentations throughout the region.

The Help that Helps Guide 2.0.

Advanced Health sponsored the creation of the original Help that Helps (HTH) Guide that launched in 2022. In 2023/24 Advanced Health helped with revisions for a second version of the guide that help with some clarification and editing issues of the original HTH. The Guide is a parenting resource presentation and manual to increase child safety through the education of parents.

Prevention Education and Awareness Campaign

Coos Community Health Improvement Plan supports Southern Coos Hospital and Health Center by developing and implementing a preventive educational and awareness project that includes coordinated messaging and community education on immunizations, and the misuse of opioids and prescription medications. Starting in the fall of 2024 the Prevention group focused on addressing vaping in schools by adding in-school suspension (ISS) to the disciplinary guidelines to promote an increase in educational days in comparison to the existing full suspension discipline which was seen as ineffective.

The immunization awareness campaigns include education on the importance of vaccines for all ages, as well as which vaccines are important for target populations, where they can receive them, and how to access health insurance or discounted services. In 2021 the focus of Immunizations moved from a focus mainly on Flu to COVID vaccinations. As the threat from COVID-19 lessens, the immunization awareness campaign will once again shift focus to target children and families with messaging on childhood immunizations and flu vaccines; teenagers and young adults with messaging on HPV and flu vaccines; adults with messaging on flu vaccines; and seniors with messaging on flu and pneumonia vaccines.

South Coast Together (SCT), the ACEs and Resiliency initiative along the South Coast, continued its work in 2023/24, with efforts focused on professional development, Peer Coaches, and Student Support specialists, to bring trauma-informed practices into the schools. All six Coos County school districts have received the ACEs training through SCT. SCT is a program that was started and continues to be funded by Advanced Health and collaboration with other groups such as Coos Bay School District, South Coast ESD,

We work closely with organizations such as ADAPT, the Coastal Center, Kairos, and Waterfall Community Health Center to provide behavioral and mental health for youth in the area.

Multiple Family Cafes were held using the new Help that Helps curriculum developed by South Coast Together to groups such as Mothers of Preschoolers (MOPS), English Language Learner families by Pathways with Spanish translation provided, and with Head Start and Early Learning Hub.

In the last 12 months, there have been dozens of households served through the tangible needs My NeighbOR program sponsored by Every Child Coos, including Christmas/holiday gifts for children in care.

6. In the table below or through supplemental documentation, please list and/or reference progress in meeting all CHP metrics and indicators. Please include data sources for all metrics. Please refer to the example below in *italics*.

Priority area 1	Measure	January 2023 (baseline)	July 2024 (most recent data)	Increase or Decrease
<i>Strategy 1 Adverse Childhood Experiences (ACEs) training offered to community partners (south Coast Together)</i>	<i>Increase the number ACEs training and participants in coos county</i>	<i>73 trainings 1240 participants</i>	<i>42 trainings 1113 Participants</i>	<i>(-)31 trainings (-) 127 Participants</i>
		<i>2020</i>	<i>2022</i>	
<i>Strategy 2 Reduce bullying in schools</i>	<i>8th and 11th graders Experiencing Bullying</i>	<i>8th - 20.2% 11th - 13.9%</i>	<i>No New data</i>	

Source South Coast Together Annual Report.

2020 and 2022 Oregon Student Health Survey.¹

Priority area 2 Prevention	Measure	January 2023 (baseline)	July 2024 (data)	Increase or Decrease
	<i>Immunized 2 year old children</i>	<i>23.4%</i>	<i>36.9%</i>	<i>+13.9%</i>
	<i>Well child visits 3-6 yr</i>	<i>64.8%</i>	<i>70.2%</i>	<i>+5.4%</i>

Priority area 3 Housing and homelessness	Measure	School year 21-22 (baseline)	School year 22-23 (most recent data)	Increase or Decrease
<i>Student population (total of sheltered, doubled up,</i>	<i>Homeless students by district</i>			
	<i>- Bandon</i>	<i>21</i>	<i>17</i>	<i>19% Decrease</i>
	<i>- Coos Bay</i>	<i>438</i>	<i>363</i>	<i>17% Decrease</i>
	<i>- Coquille</i>	<i>84</i>	<i>68</i>	<i>19% decrease</i>

¹

<https://www.oregon.gov/oha/PH/BIRTHDEATHCERTIFICATES/SURVEYS/Documents/SHS/2022/Reports/County/Coos%20County%202022.pdf>

<i>unsheltered, Hotel/Motel, unaccompanied)</i>	- <i>Myrtle point</i>	36	63	75% increase
	- <i>North Bend</i>	155	217	40% increase
	- <i>Powers</i>	-	8	-
		2023	2024	
<i>Homeless individuals in Coos County</i>	<i>Point in time count</i>	548	593	8% increase

McKinney Vento 2022-23 (last available data)

Rural Oregon Continuum of Care Public Tableau

(<https://public.tableau.com/app/profile/shriyansh.sharma8515/viz/2024ROCCPIT/2024ROCCPITbyCounty>)

Priority area 4 Health Equity – Food and Nutrition	Measure	2020	2022 (most recent data)	Increase or Decrease
	<i>8th and 11th graders who eat 5 or more servings of fruits / vegetable a day</i>	<i>8th – 19.5% 11th – 7.7%</i>	<i>8th – N/A 11th 16.1%</i>	<i>- 8.4% increase</i>

2020 and 2022 Oregon Student Health Survey.²

Priority area 5 Health Equity – transportation	Measure Riders per day
<i>Total Workers</i>	<i>22,840</i>
<i>Public Transportation (excluding Taxis)</i>	<i>122</i>
<i>Car, Truck, Van, Etc</i>	<i>21,252</i>
<i>Walking</i>	<i>925</i>
<i>Taxi, Motorcycle, Bicycle</i>	<i>541</i>
<i>Railroad, Ferry boat</i>	<i>66</i>
<i>Bus</i>	<i>56</i>

Data source: US Census Bureau; American Community Survey, 2018 (most recent data)

Coos County lacks public transportation, and it is evident by the chart above that shows the means that workers use to get to their jobs. Less than 1%, use public transportation to get to work.

Priority area 6 Health Equity – Economic	Measure	June 2023	June 2024	Increase or
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²<https://www.oregon.gov/oha/PH/BIRTHDEATHCERTIFICATES/SURVEYS/Documents/SHS/2022/Reports/County/Coos%20County%202022.pdf>

Stability				Decrease
	<i>Unemployment Rate of Coos County</i>	4.5%	4.5% ³	-
	<i>Median Household Income</i>	\$76,000	\$80,900 ⁴	+ \$4,900
	<i>Persons Living in Poverty in Coos County⁵</i>	16%	16.1%	+ .1%

Priority area 7 Access and Capacity – Access and integration of services	Measure	2022	2023	Increase or Decrease
<i>Preventative Dental or Oral Care Utilization</i>	<i>Age 1-5</i>	52.4%	59.6%	7.2% increase
	<i>Age 6-14</i>	60.4%	66%	5.6% increase

CCO Metrics Dashboard July 2024 – Advanced Health

Priority area 8 Access and Capacity – Behavioral Health and Addictions	Measure	2020	2022 (Latest Data)	Increase or Decrease
	<i>8th graders Who Considered Suicide</i>	14.4%	N/A	-
	<i>11th graders Who Considered Suicide</i>	16.5%	17%	+ .5%

Oregon Student Health Survey 2020, 2022

Priority area 9 Community Outreach and Engagement	Measure	2020	2022	Increase or Decrease
	<i>No Measures</i>			

³ <https://qualityinfo.org/documents/20126/110739/Labor+Force+and+Unemployment+by+Area/32601647-7c36-5685-7712-167f85391887?version=1.135>

⁴ <https://www.oregon.gov/ohcs/compliance-monitoring/Documents/rents-incomes/2024/2024-County-Area-Median-Income-Summary.pdf>

⁵ <https://www.census.gov/quickfacts/cooscountyoregon>