



## 'Bariatric Surgery' Readiness to Request Prior Authorization Checklist

### Prior Authorization Required

#### Please submit documentation which supports readiness

##### Adult Readiness

- Age 18 or older
- Is facility MBSAQIP Accredited
- 500lbs or less (local hospital limits)
- BMI of 35 or greater, OR
- BMI 30-34.9 kg/m<sup>2</sup> or greater with Type 2 Diabetes Mellitus which has not met clinical glycemia targets as defined by HbA1c of 8.0% or greater, despite trials of two diabetes medications
- Behavioral Health Stability
  - Documentation, completed by a Licensed Mental Health Care Provider, indicating stability of Behavioral Health diagnosis'
- Physical Health Stability
  - Documentation, completed by PCP or primary care clinician, indicating optimized control of comorbidities
- Surgical Evaluation
  - Documentation, completed by Bariatric Surgeon, indicating medical appropriateness and necessity of proposed bariatric procedure
- Nutrition
  - Documentation, completed by a licensed dietician, indicating Nutritional evaluation completed
- Substance Use
  - Documentation indicating member is free from active substance abuse disorder including negative drug screening result
  - Documentation indicating member is free from active use of combustible cigarettes, including negative nicotine screening result
- Family Planning
  - Documentation indicating, member is not currently pregnant and received contraceptive counseling to effectively reduce pregnancy post bariatric procedure for a minimum of 18 months following procedure, including negative pregnancy test.
- Lifestyle Readiness
  - Documentation indicating member has agreed to adherence of post-surgical evaluation and post-operative care recommendations, including recommendations that require life-long lifestyle changes.

## **Adolescent Readiness**

- Age 13-17
- Is facility MBSAQIP Accredited
- 500lbs or less (local hospital limits)
- BMI > or equal to 35 or 120% of 95th percentile for age, sex, AND clinically significant COMORBID condition, OR
- BMI > or equal to 40 or 140% of 95th percentile for age AND sex
- Behavioral Health Stability
  - Documentation, completed by a Licensed Mental Health Care Provider, indicating stability of Behavioral Health diagnosis'
- Physical Health Stability
  - Documentation, completed by PCP or primary care clinician, indicating optimized control of comorbidities
- Surgical Evaluation
  - Documentation, completed by Bariatric Surgeon, indicating medical appropriateness and necessity of proposed bariatric procedure
- Nutrition
  - Documentation, completed by a licensed dietician, indicating Nutritional evaluation completed
- Substance Use *\*\*if adolescent has current dx of SUD\*\**
  - Documentation indicating member is free from active substance abuse disorder including negative drug screening result
  - Documentation indicating member is free from active use of combustible cigarettes, including negative nicotine screening result
- Family Planning *\*\*if adolescent sexually active\*\**
  - Documentation indicating, member is not currently pregnant, negative pregnancy test, and received contraceptive counseling to effectively reduce pregnancy post bariatric procedure for a minimum of 18 months following procedure.
- Lifestyle Readiness
  - Documentation indicating member has agreed to adherence of post-surgical evaluation and post-operative care recommendations, including recommendations that require life-long lifestyle changes.

### **[Review OHP Guideline Note 8 for complete criteria](#)**

(Please click on Link above to reference Guideline Note 8 or go to  
<https://www.oregon.gov/oha/HPA/DSI-HERC/SearchablePLdocuments//Prioritized-List-GN-008.docx>)

**For questions, please contact Advanced Health Customer Service 541-269-7400**